



Dr. Jon Ho
Chiropractor
Holistic Healer

Center for Holistic Living

850 West Hind Drive
Suite 214 C
Honolulu, Hawaii 96821
(808)232-3520
healer@drjonho.com
www.drjonho.com

Move Confidently/ Nourish Well/Live Long

INTELLIGENCE

January 2020

INTELLIGENCE is the ability to acquire and apply knowledge and skills. Intelligence is essential to organization. It is the ability to learn and then apply knowledge. Today I am going to explain the role of intelligence in the formation of a living being

The body is a mass of molecules that, when organized in a specific way, form organs and tissues. Skin tissue is made up of molecules. Liver tissue is also made up of molecules but they serve completely different roles. The intelligence required to create a living organism is **Innate Intelligence**. This is the scientific description of life. If your background were religious, you would probably refer to this simply as Creation.

Healing, like Creation doesn't just happen. There is intelligence behind it, an intelligence that supersedes medicine or any physical intervention. Human intervention is often necessary to provide comfort and support during healing. It happens in nature; you plant a seed and it grows but the young plant needs your support to water and nurture it along. Your intervention provides support but the actual growth occurs from the intelligence within the plant.

Science has identified many of the components of life but cannot produce it synthetically. The intelligence required of life remains a mystery and a secret. We are told to have faith in the process. We were born healthy and created to be healthy.

If we were created to be healthy, why do people get sick?

We are subject to natural forces that are beyond innate intelligence. For example, say you fell into a ditch and broke your leg. The natural force of gravity was greater than the strength of the bone.

Our physical body had its limitations. Existence is finite. The body is able to tolerate many natural forces. Defense systems, like the immune system, repel germs and viruses that could cause infections. If the immune system becomes compromised, these natural forces overcome the body and this results in infection. After a serious illness or injury, innate intelligence must work to reorganize the body to restore balance and function. This is called adaptation.

Natural forces caused my kidneys to fail in 2012. This overwhelmed my body and if it were not for medical intervention I would not have survived the ordeal. While dialysis saved my life, it did not restore my health. Innate intelligence works through the brain to heal and balance the body even when it is overcome by natural forces. For me, that process is ongoing. It has been 7 years.

While infinite intelligence is all-powerful, it is limited by the information that it receives from the body. Sensory organs transmit information about the environment. If the information is incorrect, the organization will be ineffective.

There are 6 regions in the brain that control the systems of the body. If communication between a region and the corresponding system is not perfect, communication is compromised and this can lead to illness or injury. Keeping these zones balanced is the goal of treatment. The purpose of the adjustment is to stimulate the specific spinal zone that transmits information to the brain.